



Model of Human Occupation

Archived List Serv Discussion

Role of retirement

July 9, 2008

I am developing tools to assist people transitioning from the role of worker to the role of retiree. I am interested in who might be doing research related to satisfaction in retirement, especially as it relates to occupational engagement. Does anyone know of any books I should be reading or people I should have a conversation with?

July 12, 2008

Jim-

There is some great work on retirement by Dr. Hans Jonsson- while the context is sweden, I think the information gained can be applied to the USA. He used a narrative approach- and found that how people anticipated retirement, as well as how they viewed their worker role, influenced the "success" of the transition to retirement (their level of satisfaction with the change, etc). He also found that people who had "engaging occupations"- meaningful activities, whether work, play, leisure, care giving, etc- that is, any occupation that they felt was motivating, productive, satisfying, and that made a contribution- were more satisfied with retirement role.

You can check out evidence briefs on some of his work at the following link:
<http://www.moho.uic.edu/referencelists.html#j>

If you have more questions- email me!

Best-

Jessica

July 13, 2008

Hello,

Verena from vienna here.

You should contact Hans Jonsson from Karolinska Institute in Sweden, who did his PhD on retiring.

Good luck!