



Model of Human Occupation

Archived List Serv Discussion

Falls and MOHOST

July 16, 2008

Hi,

I am an Occupational Therapist working in Falls prevention.

The College of OT, Falls Management Guidance, gives MOHOST as an example of a standardised assessment that could be used to assess patients in the area of self care, productivity and leisure.

I would be interested to hear from other Occupational Therapists who are using this assessment in Falls prevention.

Thanks,

Bethan

July 16, 2008

Bethan-

There is a great article that talks about a factor influencing falls risk is self-efficacy for falls- check out the evidence brief under Peterson at the following link:

<http://www.moho.uic.edu/referencelists.html#p>

Jessica

July 17, 2008

I am not aware of therapists using the MOHOST for this purpose, but there would appear to be good justification for it. First the MOHOST covers process and motor skills which are closely related to falls. Second it covers volition which is related to fear of falling (see below). If the assessment is used in the context of programming directly related to falls prevention, it might be worth creating guidelines for observation/interview tailored to this purpose.

Gary Kielhofner

Relevant citation:

Peterson, E., Howland, J., Kielhofner, G., Lachman, M.E., Assmann, S., Cote, J., & Jette, A. (1999). Falls self-efficacy and occupational adaptation among elders. *Physical & Occupational Therapy in Geriatrics*, 16, 1-16.