



## Model of Human Occupation

### Archived List Serv Discussion

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#### Research on Guillain Barre

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**October 19, 2008**

Hello,

I am a student in search of a research article to back up the use of MOHO for a client I interviewed who has Guillain Barre syndrome. Does evidence exist for this condition? I have searched the MOHO clearinghouse site, but I found nothing.

Thanks,

Angela Lyons

**October 22, 2008**

Angela-

The use of MOHO is not based on the diagnosis of the client, but the needs of the client. How did you conduct the interview, and what were your findings? Did you use a narrative approach? There is a lot of evidence on the impact that volitional and occupational narratives have on individuals- see chapter 9 in the MOHO text or check out the reference list- there should be some evidence briefs associated with some of the narrative research.

Also, does the client appear to have low self efficacy, limited interest, unclear values, limited roles, unbalanced habits, or experiencing environmental barriers? In any of these cases, MOHO can be used to help you describe the client's circumstances and identify intervention needs. The MOHO text has a section on intervention, and includes a lot of great ideas for how to facilitate change- specific strategies therapists can use and specific actions clients can take.

I hope this helps you, and best of luck.

Jessica Kramer

**October 23, 2008**

Dear Angela: I would like to add to what Jessica says and support it . If you revise MOHO theory, you will see that it is a model based on human occupation and therefore it is oriented toward people's occupational needs. This means to focus, despite of any illness people may have, on their participation and all aspects interrelated as Jessica points out, to understand and reason with people what would be the plan to follow. In its theory MOHO explains very well how Performance Capacity (objective, which is what you are talking about) may impact on occupational participation. It is emphasized as an element to consider in order to understand the whole picture, but it is not the focus of

evaluation and intervention. Other models of OT would address specifics of neurological, motor or other body systems if needed. I think if you read well MOHO books, both theory and practice you will have important answers. You also might find useful to read Conceptual Foundations of Occupational Therapy from Gary Kielhofner, as it gives a very clear idea on what different models of OT focuses on.

Good luck!

Carmen Gloria de las Heras