



Model of Human Occupation

Archived List Serv Discussion

ADL Ax

July 15, 2008

Hello,

I feel a bit rusty regards MOHO as I haven't really used it since my training, but would like to start incorporating it into practice where appropriate. I have an ADL assessment coming up and wondered if anyone here uses a MOHO template when writing up ADL reports? If so, would be good to know more.

Many thanks,
Rebecca

July 16, 2008

Hello Rebecca

I have used MOHOST in my daily practice within a community rehabilitation team for over 2 years now. I utilize it with all of my clients as a general screening tool to establish my clients' baseline functioning, to aid treatments planning and as an outcome measure. I also use it for individual ADL assessments whereby I relate each of the MOHOST areas directly to the specific task i.e. Is my client aware of their strengths and limitations, how motivated/confident are they to participate in the task, Do they make appropriate choices, how do their performance capacities (motor, process communication skills) affect their performance etc etc..

Your team sounds like it may have many things in common with mine - I have found MOHOST a great place to start exploring MOHO. The MOHOST manual gives great guidance, information and documentation. My main bit of advice is not to get too bogged down reading everything in-depth first - get a basic understanding of the MOHOST content and give it a go!!! I have found hands on trial and error invaluable in re-familiarizing me with MOHO referring back to the books each time I experience something new so everything I read is very relevant and applied to what I'm doing. Its been a lot of work but has resulted in my practice really being occupation focused and has really impacted on the perception and understanding others have of my role and skill base.

Feel free to contact me if you fancy a chat - I hope this helps!!

Kind Regards

Mary Henaghen