



Model of Human Occupation

Archived List Serv Discussion

Psychiatric Nursing Home

May 27, 2009

Hallo,

I'm a Dutch occupational therapist from Belgium . I work with clients with chronic psychiatric problems. Most of them will stay for the rest of their life's in this psychiatric nursing home.

I find it difficult not to become an animator and to keep working as occupational therapist within the current working environment. Is there information about what an occupational therapist can/should do or what the occupational mission is in an residential setting with chronic psychiatric patients? And the means, activities, methods this requires?

Therefore I'm looking for methods, models and assessment tools to keep working systematically, client centred, within an theoretical frame,... also to be able to better profile myself as an occupational therapist within the organisation.

Witch literature is most recent and is used with psychiatric patients? Is their an assessment tool for measuring interests and motivation for occupation and is this useable for patient that on the surface show little interest in anything??

Grateful already

Gerda Vanhamme

May 28, 2009

Hello, Gerda

I have one Word for you: MOHO. The model will help you not only to structure your therapeutic intervention (by its clinical reasoning, assessment tools,...) but will also help you to explain your intervention within your organization (would suggest to start from the concept of occupational identity...). If you manage to grasp its basics, I am sure you will be more confident about your intervention as an Occupational Therapist and the problem of becoming an animator will be long gone. It would be useful if you could read the last edition of the MOHO.

As assessment tools, I found the most useful when I was working on a similar setting.
The VQ, IC and RC were also good allies.

Good luck

Regards

Rodrigo Frade