



## Model of Human Occupation

### Archived List Serv Discussion

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#### NIH Activity Record

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**April 1, 2009**

Hello

I'm the Portuguese PhD student who is applying NIH Activity (ACRE) in a study with pregnant women. By applying this instrument I want to identify which changes occur in the occupational performance of pregnant women, and also if these changes are correlated with the bio mechanical changes of the spine that occur during pregnancy.

I have already adapted NIH Activity to the portuguese language and validated to the pregnant population. But in the process some questions have came up, and I would like some help, if possible.

The questions are:

Is this instrument standardized ? And could you send me some bibliography about it, please?

Do you think that for my study it's enough to validate the instrument just for portuguese pregnant women or should I also validate it for portuguese people with Reumatoide Arthritis ?

I couldn't find much bibliography about these issues and it would really help if you could send me some references.

Thank you in advance,  
Best regards

Claudia Quaresma

**April 5, 2009**

Hello Claudia-

There is a lot of research and development around the ACTRE- you can find a helpful summary either in the 4th edition of the MOHO book on page 482 in the form of a research summary table or you can use the evidence base search and specify ACTRE in the search to find all related articles and other materials.

I find it most helpful to validate a translation with a broader population- however, if your resources are limited, then it certainly makes sense to first conduct validation studies with the specific group you are hoping will use the ACTRE.

Best-

Jessica