



Model of Human Occupation

Archived List Serv Discussion

MOHOST in a Physical Setting

May 9, 2009

Hello,

I have been given the task of finding a suitable outcome measure for an inpatient intermediate care unit. We deal with a wide range of (mainly physical) conditions, including Stroke, Parkinson's Disease, orthopedics and M.S. Basically anything... Obviously the MOHOST was developed in an acute mental health setting (and the categories seem to lend themselves more to mental health settings) but is there any evidence that it has been used successfully in physical settings? Alternatively, are there any more suitable outcome measure tools that could be used in this setting?

Any advice gratefully received.

Thanks,

Jamie Liddell

May 17, 2009

Hi Jamie

I introduced MOHO to our physical setting - in patient elderly acute/rehab (and now GP step up/step down ward) - about a year ago. We see all the physical conditions you describe ... and more. We use the MOHOST and OCAIRS successfully for both individual patients and groups. For groups (eg Breakfast Club, relaxation group) we use the MOHO data single observation sheets to document outcome measures (which can of course be transcribed onto the multiple observation sheets to give a very clear indication of progress).

Using the OCAIRS as our starting point (rather than the more traditional home grown initial interview forms, detailing steps and rails, that hospital OT departments tend to use) has made such a difference to our practice, enabling us to really get to know the patients as occupational beings and so making it much easier to set rehab goals. The personal causation, interpretation of past experiences, and readiness for change sections particularly are essential for us to know how to 'pitch' the rehab and of course we then try to fit the roles, habits and interests of the patients to tailor that rehab as best we can in the hospital setting.

We also refer a number of our patients to the local intermediate care team and they have told me they find our MOHO documentation really helpful to carry on the rehab in the unit or the patient's home.

Give it a go, I can't recommend it highly enough! We are still obviously in the early days of our development but already it has made a huge difference - not only to making the OT intervention more appropriate but also in our own understanding of our OT role.

Good luck!

Bel Youngson