

Child Occupational Self Assessment (COSA) (continued)

Myself	I have a big problem doing this	I have a little problem doing this	I do this ok	I am really good at doing this	Not really important to me	Important to me	Really important to me	Most important of all to me
Ask my teacher questions when I need to								
Make others understand my ideas								
Think of ways to do things when I have a problem								
Keep working on something even when it gets hard								
Calm myself down when I am upset								
Make my body do what I want it to do								
Use my hands to work with things								
Finish what I am doing without getting tired too soon								

SAMPLE

COSA Follow-up Questions:

What are 2 other things you are really good at that we didn't talk about today?

1. _____
2. _____

What are 2 other things you have a big problem with that we didn't talk about today?

1. _____
2. _____

Is there anything else that is important to you that we didn't get to talk about? Would you like to tell me?
