

Title: Application of the Model of Human Occupation Screening Tool (MOHOST assessment) in an acute psychiatric setting

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Major Finding: The MOHOST, the most commonly used occupation-focused assessment in British acute mental health settings, helps to define the role of occupational therapy in those settings and informs theory-based intervention.

Participants:

- Case study
 - 61-year-old female inpatient admitted due to attempted suicide and feelings of depression
- 4 therapists
 - The authors shared their experiences of administering the MOHOST and incorporating the information gained from the assessment into their practice

Method: The MOHOST was used to assess the case study participant after four treatment sessions to establish a baseline assessment of her occupational participation. Therapist discussions regarding perceptions and administration of the MOHOST were also incorporated.

Analysis: Ratings from the MOHOST were combined with information from staff and participant reports to provide an overview of the participant's occupational participation and inform treatment planning during her inpatient, and subsequently her outpatient, therapy processes.

Findings:

- The MOHOST can be a useful tool for discussing current functioning and areas for change with clients, through sharing of the actual assessment form and findings or as the basis for a verbal discussion.
- Because of its focus on occupational engagement, the MOHOST is a valuable tool for assessing the effectiveness of occupational therapy interventions.
- The MOHOST can be useful for giving feedback to multidisciplinary teams by providing concepts and language useful for discussing strengths and needs of clients.

Conclusion: In an acute psychiatric unit in Britain, the MOHOST influences occupational therapy practice from initial evaluation to discharge by providing a useful and practical means of assessment and a theory-based tool for goal setting and treatment planning.

Implications for future research: Future research can use data gathered from MOHO assessments to investigate the effectiveness of occupational therapy services in this practice setting.

Evidence-based practice implications:

- **MOHOST ratings can be used for treatment planning by pinpointing occupational changes, agreed upon by the client, to be converted into goals.**
- **The MOHOST allows for frequent re-assessment due to its unobtrusive format that does not require therapists to establish specific times for reevaluation of their clients.**