

Title: Usefulness of the model of human occupation in the Hong Kong Chinese context

Authors: Liu & Ng

Major Finding: The model of human occupation can be a useful framework for considering the influence of Chinese culture on the occupational participation of persons with impairments.

Participants:

- Two case studies of participants from Hong Kong
 - 36-year-old male with history of traumatic brain injury, hip fracture
 - 34-year-old male with schizophrenia

Method: Information gained through evaluation of the participants using participant and family interviews, MOHO assessment tools, and observations was combined with knowledge from MOHO theory to create an intervention plan for each of the participants.

Analysis: Information about the outcomes of the interventions was discussed in terms of MOHO variables and/or re-assessment scores.

Findings:

- Participants demonstrated improvements in variables such as feelings of competence, occupational participation, role performance, and communication and interaction skills.
- Chinese culture, with its strong familial emphasis, places an emphasis on caring for people with disabilities but may interfere with these individuals' motivation and occupational participation patterns.
- MOHO may provide a useful framework in an Eastern context for understanding the situation of a person with an impairment, how best to support the person, and how to set appropriate goals to improve the individual's life circumstances.

Conclusion: Despite its origins as a Western model, MOHO provides a useful framework for helping clients in Eastern cultures and their families analyze and develop a complete understanding of their situations. MOHO can facilitate occupational participation by considering an individual's personal characteristics alongside their environmental context.

Implications for future research: Future research could explore MOHO-based interventions in Western and Eastern cultures to determine whether the type of intervention that results from a MOHO framework is dependent on cultural context.

Evidence-based practice implications:

- **MOHO can be successfully used as a framework for evaluation and intervention in Eastern cultures, despite its emphasis on individual characteristics, because of its strong environmental focus.**
- **The continued use of MOHO as a conceptual practice model in Eastern contexts is supported.**