

## **Title: The ICF vs. occupational therapy instruments—similarities and differences from a mental health perspective.**

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**Major Finding:** The Occupational Self-Assessment (OSA), Swedish version, was found to contain significantly more of the variables that the International Classification of Functioning, Disability and Health (ICF) emphasizes than does the Assessment of Motor and Process Skills (AMPS) or a dialogue about ability related to work (DOA).

### **Participants:**

- 11 occupational therapists with experience primarily in the area of mental health
  - Mean age: 45.7

**Method:** 11 therapists participated in the process of linking either the AMPS, the DOA, or the Swedish OSA to the ICF. Linking was completed by comparing each instrument to the ICF, matching each variable measured in the instrument to the equivalent ICF category. Consensus on the linking was then achieved through a workshop.

**Analysis:** The assessments were compared in terms of the number of variables each was found to have relating to the ICF's "Activities and Participation" and "Environmental Factors" components.

### **Findings:**

- The AMPS and the DOA were only linked to the "Activities and Participation" category, with no variables found to be related to "Environmental Factors."
- The DOA does not emphasize the area "Community, social, and civic life" under the category "Activities and Participation."
- The OSA was found to have the most categories linked to the ICF, including variables that represented "Environmental Factors."

**Conclusion:** Because of the OSA's emphasis on a wide range of human activities, it links to more categories in the ICF than two other MOHO-based assessments (the AMPS and the DOA) that were examined.

**Implications for future research:** Future research may consider areas of the ICF that are relevant to occupational therapy practice and determine if there is a need to further develop occupational therapy instruments to address these areas appropriately.

### **Evidence-based practice implications:**

- **Occupational therapists can use knowledge about the ICF categories that different assessments take into account to gain a better understanding of the completeness of their knowledge about clients.**
- **The OSA may be a valuable tool for therapists hoping to incorporate an understanding of clients' environmental factors into their evaluation process.**